

CPAQ-Parent Report

These questions ask about how you look at your child's pain. Please read each statement carefully. Circle the number that shows how much you agree or disagree with each statement.

| | Never true | 1 | Seldom true | 2 | Sometimes true | 3 | Often true | 4 | 5 | Always true | 6 |
|--|---------------|---|----------------|---|-------------------|---|---------------|---|---|----------------|----|
| 1. My child is getting on with life no matter what the level of pain is. | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 2. My child's life is going well, even though (s)he has chronic pain. | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 3. Although things have changed, my child is living a normal life despite chronic pain. | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 4. My child needs to concentrate on getting rid of his/her pain. | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 5. There are many activities my child does when feeling pain. | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 6. My child leads a full life even though (s)he has chronic pain. | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 7. Controlling pain is less important than other goals in my child's life. | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 8. Despite the pain, my child is now sticking to a certain plan in life. | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 9. Keeping my child's pain level under control takes first priority whenever (s)he is doing something. | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 10. Before my child can make any serious plans, (s)he has to get some control over their pain. | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11. When my child's pain increases, (s)he can still take care of responsibilities. | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 12. My child will have better control over life if (s)he can control negative thoughts about pain. | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 13. My child avoids putting themselves in situations where pain might increase. | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 14. My child's worries and fears about what pain will do to him/her are true. | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 15. It's a relief to realize that my child doesn't have to change their pain to get on with living life. | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 16. My child has to struggle to do things when (s)he has pain. | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |