On a scale of 0 to 10, how worried are you that this activity would be harmful to your pain?

10 extremely worried
0 not at all worried

Take a screen shot of your ratings.
(click here when you’re done)

For PC: Press ALT + Print Screen
For Mac: Press ⌘ + Shift + 3
For iPad: Press ⚪ + Power Button

Activity #19
Taking public transportation

On a scale of 0 - 10 how painful do you think this activity would be? 9.3