

### FOPQ-Parent Report

These questions ask about how your child looks at pain **when your child hurts or is in pain for a few hours or days**. Please read each statement carefully. Circle the number that shows how much you agree or disagree with each statement. This is not a test of your medical knowledge and there are no good or bad answers. We are interested in your opinion, not that of other people.

	Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
1. My child thinks that being at school makes or would make his/her pain worse.	0	1	2	3	4
2. My child tries to avoid activities that cause pain.	0	1	2	3	4
3. When my child is in pain, (s)he is afraid that something terrible will happen.	0	1	2	3	4
4. My child believes that (s)he cannot go back to school until his/her pain is treated.	0	1	2	3	4
5. My child's feelings of pain are scary to him/her.	0	1	2	3	4
6. My child believes that pain controls his/her life.	0	1	2	3	4
7. My child can't do all the things that normal people can do because it is so easy to hurt his/her body.	0	1	2	3	4
8. My child worries when (s)he is in pain.	0	1	2	3	4
9. My child thinks that doing school work increases his/her pain.	0	1	2	3	4
10. Pain seems to cause my child's heart to pound or race.	0	1	2	3	4
11. My child avoids making plans because of his/her pain.	0	1	2	3	4
12. My child thinks that if the pain gets too bad, it will never get better.	0	1	2	3	4
13. My child cancels plans when (s)he is in pain.	0	1	2	3	4
14. My child finds it difficult to calm his/her body down when in pain.	0	1	2	3	4
15. When my child is in pain, (s)he stays away from other people.	0	1	2	3	4

	<b>Strongly Disagree</b>	<b>Disagree</b>	<b>Unsure</b>	<b>Agree</b>	<b>Strongly Agree</b>
16. My child says things like “I don’t have any energy”, “I just can’t”, “I have too much pain”, or “I don’t feel like it”.	0	1	2	3	4
17. My child does not go to school because (s)he thinks it makes the pain worse.	0	1	2	3	4
18. When pain comes on strong my child thinks (s)he might become permanently injured or more disabled.	0	1	2	3	4
19. My child is afraid that when the pain starts it's going to be really bad.	0	1	2	3	4
20. My child's world has become small because of the pain.	0	1	2	3	4
21. My child thinks that being careful to not make any unnecessary movements is the safest thing (s)he can do to stop the pain from worsening.	0	1	2	3	4
22. My child is afraid that (s)he might hurt him/herself if (s)he exercises.	0	1	2	3	4
23. My child thinks that (s)he should not do his/her school work with his/her present pain.	0	1	2	3	4

**Thank you!**